

High School Varsity Letter Criteria 2024

We will try to work with your school, if not part of HVS, to get you a varsity letter. If we can't get you a varsity letter from your home school, we can get you a Milford varsity letter.

Athletes wishing to apply for the "Alternate Path" for a varsity letter must be active in an additional cycling team and apply to the head coach by August 1.

Criteria	Traditional Path	Alternate Path
Abide by the HVUR Code of Conduct.	*	*
Be on time for practice.	*	*
Two trail maintenance days with the HVUR team or the MCMBA.	*	*
RSVP	For a practice to be counted for attendance the rider must RSVP the day before the practice. This is high school so the rider should be taking care of the RSVP.	For a practice to be counted for attendance the rider must RSVP the day before the practice. This is high school so the rider should be taking care of the RSVP.
Attendance	Attend 24 out of 30 practices/ pre-rides from August 1st through the last MiSCA race. Practices are typically Tuesday, Thursday, and Sunday and the pre-rides are on Saturdays of race weekends.	The Alternate path will be considered on a case by case basis. However, in general riders will be expected to attend at least 1-2 HVUR rides a week and will have to be active in another cycling team. If you would like to apply for this path please document your ride plans for the August 1st thru the end of the MiSCA season. Include rides with your other cycling team, HVUR rides that you plan to attend, and any solo training days. Also, please list all of the races that you have scheduled for the 2023 season including races outside the August through mid October timeframe. Have this document signed by your other team's head coach and submit it to hvunitedracing@gmail.com . The team's head coaches will collectively make a decision and let the rider know within two weeks of submission
Racing	Race and FINISH at least 5 of the 6 races in the MiSCA series.	Race and FINISH at least 5 of the 6 races in the MiSCA series.